

From: My Studio Anahata Yoga baileybythesea1@gmail.com
Subject: Special Deals from My Studio Anahata Yoga
Date: January 14, 2016 at 8:30 PM
To: matt@littleguydesign.net

RB

Winter Greetings from My Studio !

Martin Luther King Holiday...Next Monday
My Studio is Closed...Classes Cancelled



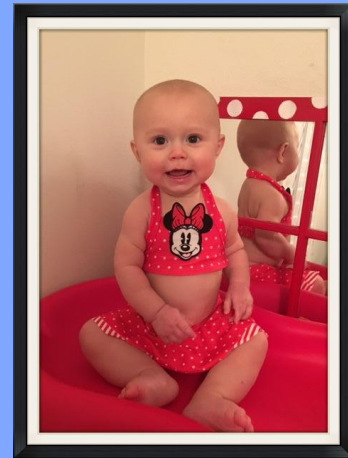
Baker

Marci



Kiefer

Holly



Miss Thang!!
Honorary Teacher!

Julie McKeone



Introducing My Studio New Instructors!!!

(Listed in alphabetical order!)

I could not be happier or prouder (is prouder a word?), more proud? to announce that we have four new teachers joining My Studio. Thanks to Virginia McGill's constant efforts to support and promote My Studio she planted the seeds of growth and drew the exact right people. Each of these teachers is SO special and remarkable! But rather than give bios here I encourage you

Pat Snook



give this here I encourage you to go to our new updated website to check them out.

They each wrote their own bio and believe me when I tell you they were very modest. There is no way their own descriptions describe how special each of them are. Also, please visit the schedule page on the website to see all the new classes we've added! They include two Tai Chi and Qigong classes, as well!

www.mystudioanahatayoga.com

This is a wonderful and expanding time for My Studio. New students continue to show up, long time students continue to practice here. As you may (or may not if you haven't been in a bit or are new to us) the studio is filling with beautiful greenery. All our lovely plants are thriving and add such a glorious feeling to the space.

Remember we still let folks come try the classes for free! And if necessary students can continue to take at a price their budget can handle.

All of the Tai Chi & Qigong classes are by donation.

Ruth
My Studio
Ph. 402-850-8378

Parking on Cuming Street or behind Harvest Community Church next door. Only evening students can park in Ideal Hardware Parking. They haven't towed any of us yet but I wouldn't push it...they're a mean and motley crew down there. (Jus' kidding!!! We love 'em!)

We have new promotion cards at the studio for Yoga and Tai Chi. You are welcome to take some and share them with others. Feel free to invite folks to sign up for our newsletter and to "Like" our Facebook page, too, thank you very much!

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